



# Memory Screenings

## Are you concerned about memory problems?

Please join us on Wednesday November 11th for National Memory Screening Day. Take advantage of FREE, confidential Memory Screenings and pick-up FREE educational materials about memory concerns, dementia, caregiving and successful aging. Screenings are available from 1:00 pm - 3:00 pm.

Screenings take 10 minutes, each. **PLEASE SIGN-UP AT THE FRONT DESK OF:**

The Dale Association, 33 Ontario St., Lockport, NY 14094, or

call Angie Crawshaw at 716-433-1886, Ext. 111

**TIME SLOTS ARE FILLED ON A FIRST COME, FIRST SERVED BASIS.**

## Covid-19 Masking protocols are enforced



**90%**

The only definitive way to diagnose Alzheimer's Disease is an autopsy. However, clinicians can diagnose Alzheimer's disease correctly up to 90% of the time. Obtaining a proper diagnosis involves consulting with a healthcare professional knowledgeable about dementia, communicating symptoms and undergoing extensive testing. Tools to diagnose "probable" Alzheimer's disease can include a complete medical history; blood, urine or other medical tests; neuropsychological tests that measure memory, problem solving, attention and language; and brain scans.

**64%**

of survey respondents providing care to individuals prior to their diagnosis of Alzheimer's disease said that they thought behavioral symptoms (e.g., irritability, anxiety) were a normal part of aging. 67% of these caregivers stated that these thoughts delayed the diagnosis of Alzheimer's disease.

## Who should be screened?

Memory Screenings make sense for anyone concerned about memory loss:

- Am I becoming forgetful?
- Do I have trouble concentrating?
- Do I have difficulty performing familiar tasks?
- Do I have trouble recalling words or names in conversation?
- Do I sometimes forget where I am or where I am going?
- Am I misplacing things more often?
- Have family or friends told me that I am repeating questions?
- Am I saying the same things, over and over again?
- Have I become lost while walking or driving?
- Have my family or friends noticed changes in my mood, behavior, personality or desire to do things?